

STAY UP TO DATE ON CLASS TIMES!

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Here you will find all the information you need about our class schedule.

We offer a variety of classes throughout the week. Our classes are designed for students of all skill levels, from beginners to advanced practitioners. Our instructors are experienced and passionate about Taekwondo and martial arts education, and are committed to helping you achieve your goals. Schedules may change, so please check regularly for updates. We also offer private lessons that can be scheduled at a time that is convenient for you. If you have any questions about our schedule or classes, please feel free to contact us.

We look forward to seeing you on the mat!

Little Dragons 1: Ages 3-4

Little Dragons 2: Ages 5-6

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
After School 3:50-4:30 pm	After School 3:50-4:30 pm	After School 3:50-4:30 pm	After School 3:50-4:30 pm	After School 3:50-4:30 pm	Sparring Class 9:00-9:40 am
Little Dragons 1 4:30-5:00 pm	Little Dragons 2 4:30-5:00 pm	Little Dragons 1 4:30-5:00 pm	Little Dragons 2 4:30-5:00 pm	Little Dragons All Ages 4:30-5:00 pm	Weapon Class 9:40-10:10 am
White Belt 5:00-5:40 pm	Yellow Belt 5:00-5:40 pm	White Belt 5:00-5:40 pm	Yellow Belt 5:00-5:40 pm	White & Yellow Belt 5:00-5:40 pm	Form Class 10:10-10:50 am
Green Belt 5:40-6:20 pm	Blue Belt 5:40-6:20 pm	Green Belt 5:40-6:20 pm	Blue Belt 5:40-6:20 pm	Green & Blue Belt 5:40-6:20 pm	Leadership 10:50-11:30 am
Red Belt 6:20-7:00 pm	Double Black 6:20-7:00 pm	Red Belt 6:20-7:00 pm	Double Black 6:20-7:00 pm	Red & Double Black Belt 6:20-7:00 pm	Advanced Class & Demo Class 11:30-1:00 pm
Black Belt 7:00-7:40 pm	Teen & Adult 7:40-8:30 pm	Black Belt 7:00-7:40 pm	Teen & Adult 7:40-8:30 pm	Black belt & Teen & Adult 7:00-7:40 pm	Birthday Party 1:00-2:30 pm
Teen & Adult 7:40-8:30 pm		Teen & Adult 7:40-8:30 pm			